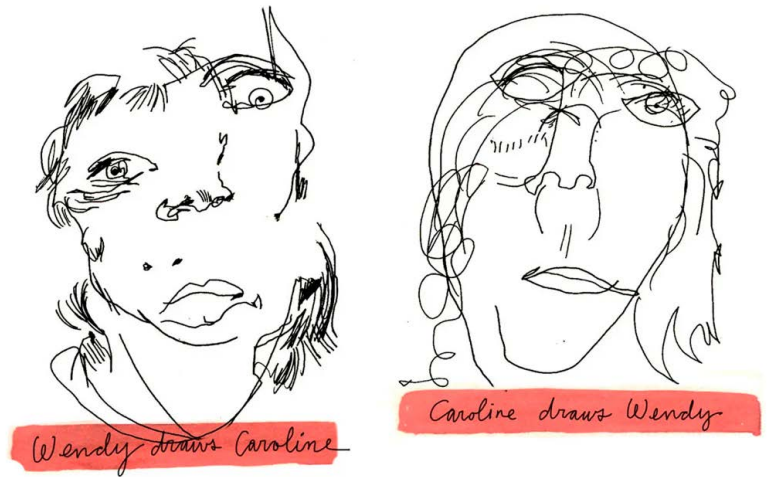




# Blind Contour — Looking and Loving

EPISODE LENGTH: 7:50 (CLICK FOR DIRECT LINK)

**SUMMARY:** This podcast is technically our Season One finale, but you can do it anytime. In this episode, we do a big-hearted DrawTogether classic: the blind contour portrait. This is a partner exercise, so grab a family member, friend or stranger, hit play above, and get ready to learn to LOOK. In addition to helping us imagine a world we want to see, **DRAWING TEACHES US TO LOOK AT ONE ANOTHER.** To slow down and pay attention.



DRAWING Helps us SEE ONE ANOTHER.

Drawing is one of the most accessible and immediate ways to create connection between people and open doors for deeper relationships. **WENDY'S TED TALK** features this drawing exercise, and goes deeper on how drawing helps us slow down, look closely and connect with the world around us — and with each other. That drawing is looking, and looking is loving. And that DrawTogether isn't *really* about drawing.

**SUPPLIES:** paper, pen/pencil, a partner

**OTHER DRAWTOGETHER RESOURCES:** Watch video Episode 12, the in-studio season finale/graduation!

**SOCIAL-EMOTIONAL LEARNING:** focus, paying attention, relating to others, building empathy

**CREATIVE SKILLS:** gross motor skills, fine motor skills, observing the world, representation and space

## Guiding Questions:

- What did it feel like to draw someone like this? What parts of this exercise made you feel a little uncomfortable? And what made it fun?
- What did you notice by focusing and drawing that you had not noticed about your partner before?
- Who are some other people you'd like to do this drawing exercise with?